

You and your provider have made a plan for your delivery how exciting! Here we provide some general information about the induction process. Feel free to call the office or send a portal message with questions.

You will get scheduled for either a foley bulb induction (**FBIOL**) or a pitocin induction (**PIOL**).

You'll be scheduled for a **FBIOL** if your cervix has not yet reached desired ripeness, everyone progresses differently toward the end of pregnancy, your provider will know what's right for you.

You'll be scheduled for a **PIOL** if your cervix has already sufficiently ripened.

Cervical ripening refers to the level of effacement (softening) and dilating of the cervix.

For a **FBIOL** you'll be scheduled for the evening the night prior to your provider arriving to the hospital. The hospital does not provide an exact arrival time, but will call you when your bed is available, so keep that phone close by and ringer on high! You arrive the night before so that medications and a little balloon device can work on ripening that cervix and get you ready for pitocin sometime the next morning.

For a **PIOL** you'll be scheduled the morning of the day your provider arrives at the hospital. The hospital does not provide an exact arrival time, but will call you when your bed is available, so keep that phone close by and ringer on high!

\*\*Depending on patient volume and prioritization of medically indicated inductions there is the possibility your induction can be postponed/delayed. If you receive a postponement message do not panic, we are likely already working on providing you an update. If you do not hear from us, call the office and dial ext 143.