

## **I took a positive pregnancy test, what do I do next?**

Call our office your confirmation of pregnancy visit! These visits are scheduled early in your pregnancy, so you see a provider right away. We will confirm your pregnancy with bloodwork, may order an ultrasound for 7-8wks and perform first trimester cultures and a pap test if you are due. Seeing a provider early allows you to ask any questions you have at the start of your pregnancy journey!

## **I had my confirmation of pregnancy visit, now what?**

Once our pregnancy care coordinator has reviewed your lab work and/or US you will receive a call from our early pregnancy scheduler Megan to schedule your prenatal counseling visit around 10-11wks of pregnancy, as well as your first provider visit with one of our primary OB providers, Dr.McCracken or Dr.Chavez.

## **What can I expect at my prenatal counseling appointment?**

This visit is designed for education and preparation! We will review medical and family history, as well as pertinent previous pregnancy history, to help you better understand what's upcoming in your pregnancy as far as tests, ultrasounds, etc. You will have your routine prenatal screening labwork this day and any genetic testing you choose to opt in to.