

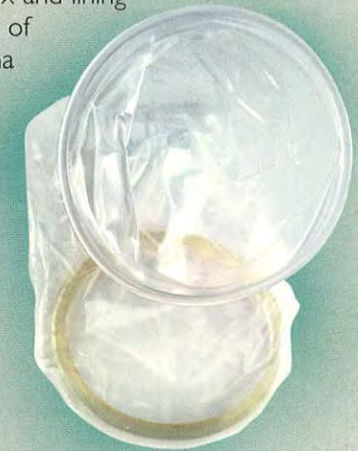
vaginal infections and sexually transmitted diseases (STDs)



TYPE	CAUSE	SYMPTOMS	TREATMENT	TRANSMITTABLE?
MOST COMMON VAGINAL INFECTIONS				
Bacterial vaginosis	<i>Gardnerella vaginalis</i> <i>Bacteroides</i> spp, <i>Peptococcus</i> spp, <i>Mobiluncus</i> spp	increased discharge, fishy odor, vulvar burning or irritation	metronidazole topical clindamycin	yes
Candida infections	Candidiasis antibiotics hormonal imbalance	thick "cottage cheese" vaginal discharge, genital itching, burning	antifungals	yes
Trichomonas	<i>Trichomonas vaginalis</i>	green frothy vaginal discharge, foul smell, vaginal itching, redness	metronidazole	yes
STDs				
Chlamydia	<i>Chlamydia trachomatis</i>	may be asymptomatic and when left untreated can lead to pelvic inflammatory disease	antibiotics	yes
Gonorrhea	<i>Neisseria gonorrhoeae</i>	may be asymptomatic or include pain or burning on urination, yellow vaginal discharge, or occasionally bloody discharge	antibiotics	yes
Syphilis	<i>Treponema pallidum</i>	PRIMARY STAGE: painless chancre SECONDARY STAGE: rough red or reddish-brown rash LATE STAGE: paralysis, dementia	antibiotics	yes
Herpes	herpes simplex viruses type 1 (HSV-1) and type 2 (HSV-2)	one or more blisters on or around genitals or rectum, HSV-1: fever blisters	acyclovir others	yes
Human Papilloma Virus (HPV)	type 6, 11- benign type 16, 18, 31, 33	may be asymptomatic or include itchy, painless genital warts, intraepithelial lesions	chemical applied to warts or excision of lesions with laser, cauterly, or freezing	yes
HIV	Human immunodeficiency virus: HIV-1	rapid weight loss, skin rash, recurring fever, swollen glands, neurological disorders	protease inhibitors antiretrovirals	yes

ABOUT CONDOMS

- The male condom is a thin sheath that is placed over the erect penis before the penis is inserted
- The female condom is a soft, loose-fitting sheath with 2 flexible rings at either end. It is inserted into the vagina, covering the cervix and lining the walls of the vagina



USING A CONDOM TO PREVENT PREGNANCY AND STDs

- Only new condoms are strong and reliable
- Condoms are not reusable
- A new condom must be worn if having anal and then vaginal intercourse
- Condoms should be removed immediately after sex to prevent semen from leaking out
- Female and male condoms should not be used together as they can rub against each other causing slippage, displacement, or tearing

PROTECTING YOURSELF AGAINST STDs

STDs are infections caused by different viruses and bacteria that are passed from one person to another through sexual contact.

- Abstinence is the best protection
- Contraceptive methods such as hormonal methods, the diaphragm, sponges, and creams **DO NOT** provide protection
- Douching or bathing **DOES NOT** provide protection
- Antibiotics **DO NOT** provide protection
- Having only oral sex or anal sex **DOES NOT** provide protection (both can transmit STDs)

For more information, visit www.cdc.gov/std/